



Notice Board



The Rural Health Award Ceremony will be held at the Boat Shed in Launceston on **Sunday 20th November 2011 @ 11:30am**. Please mark this date in your diary.

Additional Resources for Rural Health Week Groups

Community groups are encouraged to contact DHHS Health Promotion staff, who can offer advice and support for your Rural Health Week activities. Health Promotion staff often have health promotion materials, or can put you in touch with sources of materials. Staff in your area are:

North West: Julie Milne (Devonport):
julie.milnes@dhhs.tas.gov.au

North: Elizabeth Mahnken and Tina Binns (Launceston):
Elizabeth.Mahnken@dhhs.tas.gov.au
Tina.Binns@dhhs.tas.gov.au

South: Jacque Maginnis and Corina McCarthy (Hobart):
Jacque.Maginnis1@dhhs.tas.gov.au

For ideas on how to work in health promoting ways, have a look at the Department of Health and Human Services' website:
www.dhhs.tas.gov.au/healthpromotion/wihpw

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One of the major benefits of Rural Health Week is that it enhances the social environment and can improve access to social support networks. These are important social determinants of health.



Message from the State Planning Committee

Welcome to the fourth issue of the Rural Health Week 2011 Newsletter.

Nominations have been received across three categories. Nominations were received from a range of health professions and community groups reflecting the diverse interests in rural health. The Award Assessors are currently going through the nominations and will be forwarding their decisions to the State Planning Committee in due course. Finalists for each of the three categories, will be announced on the at the Awards Luncheon on Sunday, November 20, 2011.

Planning for the Rural Health Awards is progressing well. We have a new venue booked for the event. Those of you familiar with Launceston maybe aware of The Boat House Function Centre. We are very excited to be using that venue this year. It is situated on North bank, Inveresk, in Launceston.

An addition to this years award ceremony is a key note presentation. In line with the theme 'Collaborating for Rural Health' - this year's Rural Health Week theme, we are pleased to announce Professor David Adams as the key note speaker for the Awards Luncheon.

David Adams commenced as the inaugural Social In-

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clusion Commissioner for Tasmania in January 2009. In David Adams commenced as the inaugural Social Inclusion Commissioner for Tasmania in January 2009. In this role he provides a strong voice for socially excluded and disadvantaged Tasmanians and leads Tasmania's social inclusion agenda. David has previously been a Departmental Deputy Secretary in Tasmania (Health) and Victoria (Premier and Cabinet and the Department for Victorian Communities). He has been instrumental in developing Victorian policy initiatives captured in the *Growing Victoria Together* and the *Fairer Victorian* programs.

The State Planning Committee is also pleased to announce that it will be sponsoring a presenter who will be hosted by Regional Planning Groups in the North West & Southern regions. The presenter, Miss Sandra Murray will be running Community Forums on the topic of Food Security. (further details regarding the presenter and forums are contained in this issue).

The State Planning Committee will be calling for Expression of Interests from interested Regional Planning Groups in the South to host Miss Murray. If your group is interested please contact Janice Boric on Janice.Boric@utas.edu.au or 6324 4043.

For regular updates and new developments, keep an eye on the Rural Health website at www.rhwtas.com.au



Opportunity to Host Rural Health Week Presenter

The Rural Health Week, State Planning Committee is pleased to announce that it will be sponsoring Miss Sandra Murray as a presenter for Regional Planning Groups during Rural Health Week.

Sandy is a dietician and teacher at the University of Tasmania with a special interest in food security and what we as Tasma-



nians will be eating into the future. She is committed to promoting the benefits of eating local food and supporting Tasmanian farmers. She is a passionate supporter of community gardens and encourages all people to grow their own fresh produce. Sandy is also involved in the Transition Town movement in Tasmania, which is community-led response to climate change and peak oil.

Come along and join in the conversation about what we will be "eating into the future".

In the North Sandra will be hosted by the **Health Promotion, North West Area Health Science**

The details organised are:
DATE: Thursday, 17th November
TIME: 7 PM
VENUE: The Social Room, Ulverstone Sports and Leisure Centre, Flora Street, Ulverstone.

If you're interested and require more information contact Julie on (03) 6421 7704.

EXPRESSIONS OF INTEREST

The State Planning Committee is seeking Expressions of Interest for a Regional Planning Group in the Southern region to host a forum for the presenter. There are no costs associated with hosting Sandra, as all costs will be covered by the State Planning Committee. We do ask that the successful Regional Planning Group take responsibility for organising the venue, advertising the forum and associated activities.

Showcasing ... Midlands Initiative for Local Enterprise.

In this section over the next 2-3 Issues we will be profiling specific Rural Planning Group activities for Rural Health Week 2011 around the state.

This month we are showcasing **Midlands Initiatives for Local Enterprise.**



Who is involved?

Rural Primary Health Services
Southern Midlands Council
Community Men's Shed Oatlands
Oatlands School
Rural Alive & Well
Oatlands Bowls Club

Where are they based?

WHAT ACTIVITIES DO THEY HAVE RUNNING?

Tues. Nov. 15th – 11am – 2pm

Bare Foot Bowls
Oatlands Bowls Club –
Albert St., Oatlands



Wed. Nov. 16th – 8:45 am – 4 pm

Coastal Walk Orford – Meet at Community Health Centre, 15 Church Street, Oatlands



Sat. Nov 19th – 10am – 3 pm

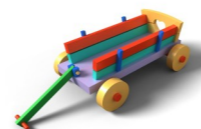
Family Toy Making Day
Community men's Shed –
Glenelg Street Oatlands

Friday Nov. 18th—10am—3pm

A pamper day at the Community House, High Street, Oatlands

Where to get more Information -

Diane Swan / Karla Otten
Ph: 6254 1300
president@mile.org.au / Karla.Otten@dhhs.tas.gov.au



Regional Planning Group Reminders

Some information to remember when planning your activities

It is important as part of the funding arrangement that evaluations are conducted on your group's activities.

Whilst the State Planning Committee does not expect a comprehensive evaluation there is specific data that it would like you to collect as part of the reporting process.



To assist in this regard the State Planning Committee asks that the following issues be considered as part of the evaluation process ...

1. That the evaluation include process as well as outputs.
2. That appropriate tools be developed to evaluate the events.
3. That the evaluation include both the stakeholders and participants.
4. That processes are in place to ensure confidentiality of responses.
5. That the Rural Planning Group has a system in place to distribute, collate and interpret the evaluation data.



For more information on the evaluation process you can contact Janice Boric on Janice.Boric@utas.edu.au or 6324 4043. (Monday—Thursday)

Part of the reporting process will be to provide a budget indicating the expenditure of seeding grants. Please remember to document any expenses for the reporting purpose.

To Do List ...

- Fill in Event Registration Forms and return to Janice as part of the reporting process, ASAP.
- Keep a record of your grant expenditure
- Keep a record of your evaluation process

If you have any questions please contact Janice Boric on Janice.Boric@utas.edu.au or 6324 4043. (Monday—Thursday)



Important Dates for Your Diary

September — Assessment of Award Nominations
September / October — Filming of Award Finalists
November 14—20 — Rural Health Week 2011
November 20 — @ 11:30am — RHW Awards Gala Luncheon — Boathouse, Launceston